

### **EDUCATION**

**B.A. Radio-Television**, University of Central Florida, December 2013

Non-Profit Certification, The Knowledge Shop, 2009

# **AFFILIATIONS**

**Radio Television Digital News Association**, 2009 – Present

### SPEAKING ENGAGEMENTS

"Community Day - Presenter"
Liberty Pines Academy, St. Johns, 2017
"Jax Health and Fitness Expo - Presenter"
University of North Florida, Jacksonville, 2017
Acadia Hospital Battle of the Bands - Host"
Cross Insurance Center, Bangor, 2015
"Celebrating Survivors High Tea - Emcee"
YMCA Caring Connections, Bangor, 2015
"The Beauty Within - Presenter"
PechaKucha 20x20, Bangor, 2015

### VOLUNTEER

Love Letters: Random Cards of Kindness, Inc., Founder & President 501 (c) (3) Non-profit organization, Longwood, FL., 2005-2013

 Touched the lives of more than 120,000 children with life-threatening illnesses by providing them inspirational and positive homemade cards before undergoing surgery or treatment.

### **EDUCATOR**

Maile School, Sought-After Image Instructor Winter Park FL., 2013

# AWARDS RECEIVED

ANjax Community Engagement, 2017 Maine Association of Broadcasters, 2015 Order of Pegasus, 2013 WEIU, Investigative Reporter, 2012 UCF President's Leadership Council, 2012 Winter Olympic Torchbearer, 2010 Congressional Gold Medal Award, 2010

### SKILLS

Adobe Premier, Avid, Edius, ENPS, EZNews, Facebook, Final Cut Pro, iNews, Instagram, Linear Editing, LinkedIn, Pinterest, Snapchat, Twitter, Tumblr, YouTube, Vine, WordPress

# **EXPERIENCE**

Action News Jax, Journalist

CBS47/FOX30, Jacksonville, FL., December 2015-Present

- Deliver comprehensive, well-vetted stories that expose, reveal, and dig deeper on issues that impact Northern Florida
- Responsible for delivering urgent, active, and process driven live shots multiple times a day
- Cultivating sources derived by working closely with public figures in the fields of government, education, law enforcement, and community advocacy
- Provide expedient coverage of breaking news events
- Prepared to report on fatal shootings, natural disasters, and criminal fraud
- Passionately tell stories that inspire community outreach, encourage positivity, and highlight influencers who make a difference
- Keen on spotlighting medical stories surrounding life-threatening illnesses, treatment advances, mental illnesses, and patient care
- Manage all social media platforms for Facebook, Twitter, Instagram, YouTube, and Snapchat
- Constantly enterprising investigative, health-related, business consumer, and adversity stories
- Proactively updates viewers on developing stories by recording voiceovers for WOKV, a Cox Radio Media station
- Ardently sets up interviews for in-depth reports and craft stories under rigorous deadlines
- Maintain an ongoing understanding of digital branding and audience segmentation
- Compile my daily TV reported stories and turn them into AP style web stories
- Educate the community about a health related topic through a series entitled, 'Celebrate Every Body'
- Continually optimizing news strategies by researching and staying at the forefront of what's happening in today's market trend

#### WLBZ. Multimedia Journalist

NBC affiliate, Bangor, ME., February 2013-November 2015

- Enterprise stories on a daily basis; provide dynamic live coverage, exclusive live reports, and emergency coverage under tight deadlines
- Develop sources, maintain contacts, and pursue leads that result in original stories
- Sustain familiarity with issues, newsmakers, and current events
- Facilitate interaction with viewers through social media; share images from scenes and break news as it happens
- Deliver news to an online audience; write AP Style web stories, post web videos, and create photo galleries
- Produce a monthly sponsored segment called 'Buddy to Buddy' to enlighten viewers about all aspects of breast cancer
- Craft an in-depth series surrounding eating disorders known as 'The Beauty Within' to educate viewers about this mental illness
- Launch a PSA surrounding my journey of suffering from three eating disorders to help viewers find treatment options
- Spearhead a DVD designed for schools, hospitals, and non-profits to continue the conversation on mental illness
- Serve as a station representative within the community at fundraisers, auctions, and telethons to help break revenue records
- Maintain 24-hour availability for news coverage

### WEIU-TV, Multimedia Journalist

PBS station, Charleston, IL., May-August 2012

- Report and anchor the Monday, Wednesday and Friday evening news segments for the three-time Emmy award winning affiliate
- One-man-band reporting along with live and in-studio reports
- Maintain the stations website, Facebook, and Twitter accounts
- Capitalize on a story involving a heroic teenager that developed into a short documentary called, 'Against the Odds'